

Year 1

Autumn 2

Health and Well-being



Keeping safe

- To know that household products, including medicines, can be harmful if not used correctly.
- To recognise people who look after them, their family networks, who to go to if they are worried and how to attract their attention.

Growing and changing

- To understand how it feels when there is change or loss.

Vocabulary

healthy, choices, feelings, strategies, special, safe, emotions, recognise